



COSMETIC SURGERY: What's in it for you?

Father Time and Mother Nature. A formidable pair. Over time things shift around, and getting back in shape can be an awesome task. Carol Lee decided that she needed the help of a cosmetic surgeon to return to a more trim shape.

"With a busy career, I was spending time at work and in a car going back and forth. Over time, I found myself slipping out of shape, and my workouts weren't having the desired effect that I wanted on my figure. I decided that I needed help."

She researched her options. "I had been reading about liposuction for years. I realized that it held the potential to return me back to the shape I wanted. I'm very active and enjoy riding horses. But my figure was getting me depressed. I simply wasn't happy about my hips and thighs. I have an aunt who is a big believer in cosmetic surgery. Bless her heart, she's in her fifties and looks fabulous. I was convinced."

Now, she has her physical and emotional self-confidence back. "I'll concede that I had an ideal body image. Some people like to hide the fact that they may have had cosmetic surgery. That's not me. I'm not shy. I'd tell a friend, hey, if it will make you feel better about yourself, go for it."

GETTING PERSONAL

Mark Mason, MD, FACS
Board Certified Plastic Surgeon
American Board of Plastic Surgery



Dr. Mason received his plastic surgery training at Stanford University Medical Center. He is certified by the American Board of Plastic Surgeons and is a Fellow of the American College of Surgeons.

PATIENT: Southlake Plastic Surgery



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