



## COSMETIC SURGERY: What's in it for you?

Father Time and Mother Nature. A formidable pair. For example, if Mother Nature never endowed you with qualities you wish you had, consider that you have a say in the matter. Ashley did just that.

As a former cheerleader, Ashley had always considered having a certain cosmetic surgery procedure as a way to enhance her appearance and self confidence.

"I had thought about having it done for some time, probably two years," recalls Ashley. "I had done my research on which doctor to choose. I would recommend that you become comfortable with who you choose. I liked that my doctor took plenty of time to answer all my questions beforehand. I also liked that he was careful not to create false expectations. Because in the end, he met all my expectations and then some. Today, I feel better about myself and more confident about how I look, and that comes across to people I meet. You only have one life. For me, why not strive to be everything you could be to make the most of it."

GETTING PERSONAL

Mark Mason, MD, FACS  
Board Certified Plastic Surgeon  
American Board of Plastic Surgery



Dr. Mason received his plastic surgery training at Stanford University Medical Center. He is certified by the American Board of Plastic Surgeons and is a Fellow of the American College of Surgeons.

PATIENT: Southlake Plastic Surgery



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