



GETTING PERSONAL

Mark Mason, MD, FACS
Board Certified Plastic Surgeon
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Dr. Mason received his plastic surgery training at Stanford University Medical Center. He is certified by the American Board of Plastic Surgeons and is a Fellow of the American College of Surgeons.

COSMETIC SURGERY

What's in it for you?

Father Time and Mother Nature. A formidable pair. Even for a husband and wife, the desire to look one's best is very much a personal quest.

For example, Braden's interest in the notion of cosmetic surgery had little to do with his wife, but more to do with himself and his own self confidence. As a doctor himself, he knew the process started with research. "I had thought about it for five years, researching it extensively — the pros and cons. Overall, my motivation was to keep a younger appearance."

Braden's wife Karla, a nurse, also desired a cosmetic procedure that she had thought about for some time. Going forward for both husband and wife meant a search for the right doctor.

"Because we are both in the healthcare field, we knew how important credentials and training are. And because Karla worked with him in the hospital, she saw behind the scenes how he interacted with

his patients. We were convinced he was the right choice."

Afterward, both Braden and Karla are pleased. "In our professions, looking good is a confidence builder. For example, afterward, I lost weight, and I started taking better care of myself," says Braden. "If you can afford it, it's worth doing for yourself."

PATIENTS: Southlake Plastic Surgery

